





## Mental Health and Personality Disorder Awareness

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| <b>Designed for</b>   | Social Care staff wishing to develop their awareness of Personality Disorder.   |
| <b>Course Aims and learning outcomes</b>  | <ul style="list-style-type: none"> <li>Identify / use appropriate, up-to-date language and terminology around mental health conditions, including personality disorder</li> <li>Discuss public perceptions, attitudes and media portrayals of personality disorder.</li> <li>Develop awareness of how mental health conditions and their symptoms are grouped / categorised (including organic &amp; functional / psychosis &amp; neurosis / positive &amp; negative symptoms etc.)</li> <li>Discuss a range of possible causes of personality disorder</li> <li>Look at how the range of different types / categories of personality disorders may affect different people and discuss symptoms and behaviours</li> <li>Briefly explore commonly used therapies, treatments and interventions for supporting people with personality disorders (e.g. talking therapies, medication)</li> <li>Discuss potential dilemmas and controversies around personality disorder (e.g. concepts of recovery etc.)</li> <li>Source further material on personality disorder (and other mental health conditions) that may be helpful, including suggested authors / websites etc.</li> </ul> <p>This is a participative course and participants may be asked to join in with exercises and case studies. Discussion, presentation and hand-outs will also be used.</p> |
| <b>Language</b>   | English   |
| <b>Cost for external participants</b>   | Free  |
| <b>Course Leader</b>  | Del Harries, Del Harries Training & Consultancy   |
|  | One Day   |
|  | 9.30 until 4.30   |
|  | Monday 3rd June 2019  |
|  | Pembrokeshire Archives, Prendergast, Haverfordwest SA61 2PE   |

Please note that lunch is no longer provided. For courses taking place at Pembrokeshire Archives, vended hot drinks are available at 60p per cup. The machines provide hot water free of charge, so if you would prefer to bring your own cup and ingredients, you are welcome to do so. The snack vending machine will continue to be available as usual. (Please note: the machines do not give change and no petty cash is kept on site so please ensure you have the correct money with you.)

Please forward applications to SCWDP Training:

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