Tenby LEISURE CENTRE

1700–1900 Lane Swimming

Adults Only

2100-2200



Swimming Pool Timetable 17th February – 23rd February 2020

Monday	17 Tebruary	23	Cordary	2020
0700-0800	Adults Only		Friday	
0800-0845	Aqua Fit		0630-0725	Lane Swimming
0900-1000	Family Swim (Small Pool)*1		0730-0900	Adults Only
1100-1200	Adult Swimfit			Public Swimming*3
1200-1700	Public Swimming*3			Adult Swimfit
1700-1900	Lane Swimming			Lane Swimming
2000-2200	Adults Only		-	
Tuesday				Lane Swimming
0630-0755	Lane Swimming			Junior Swimfit
0800-0900	Adults Only			Family Swim (Small Pool)*1
0915-1000	Aqua Fit			Public Swimming
1000-1200	Public Swimming			Public Swimming *2
1200-1300	Adult Swimfit			Lane Swimming
1200-1300	Public Swimming (Half Pool))	-	
1300-1700	Public Swimming*3			Lane Swimming
1700-1900	Lane Swimming			Adults Only
1930-2015	Adult Beginners			Inflatable Session New*
2015-2100	Adult Improvers			Inflatable Session New*
2100-2200	Lane Swimming			Public Swimming
Wednesday				Lane Swimming
0630-0730	5 Frogs Endurance		•	LL POOL ONLY. During these sessions
0730-0900	Adults Only			olicy is relaxed so that you can bring
1000-1200	•			t. See admission policy for full details.
1200-1700	_	*2 Free swimming for children age 16 & under. Normal child		
1700-1800	_			
1800-1900	9	*3 Public Swimming: Family swimming at a reduced rate		
2000-2100	Public Swimming	of £5 between 3pm & 5pm Monday to Friday during all		
Thursday			_	families (Maximum 2 adults,
	_	maximum 4 persons). Admission policy applies.		
0800-0900	Adults Only	New: Party in the pool! Fun filled session with large		
0915-1000	Aqua Fit	inflatabl	le. *There is an	additional charge for these sessions.
0900-1000	Family Swim (Small Pool)*1			
1000-1700	Public Swimming*3			AMOROIG APP ON
	0700-0800 0800-0845 0900-1000 1100-1200 1200-1700 1700-1900 2000-2200 Tuesday 0630-0755 0800-0900 0915-1000 1200-1300 1200-1300 1200-1300 1300-1700 1700-1900 1930-2015 2015-2100 2100-2200 Wednesday 0630-0730 0730-0900 1000-1200 1200-1700 1700-1800 1800-1900 2000-2100 Thursday 0630-0755 0800-0900 0915-1000 0900-1000	Monday Adults Only 0800-0845 Aqua Fit 0900-1000 Family Swim (Small Pool)*1 1100-1200 Adult Swimfit 1200-1700 Public Swimming*3 1700-1900 Lane Swimming 2000-2200 Adults Only Tuesday O630-0755 Lane Swimming 0800-0900 Adults Only 0915-1000 Aqua Fit 1000-1200 Public Swimming 1200-1300 Adult Swimfit 1200-1300 Public Swimming (Half Pool) 1300-1700 Public Swimming 1930-2015 Adult Beginners 2015-2100 Adult Improvers 2100-2200 Lane Swimming Wednesday 5 Frogs Endurance 0730-0900 Adults Only 1000-1200 Fun Session (Small Pool) 1200-1700 Public Swimming 1700-1800 Lane Swimming 1800-1900 Tri Swimming 1800-1900 Tri Swimming 1800-1900 Public Swimming 1800-1900 Public Swim	Monday Adults Only 0800-0845 Aqua Fit 0900-1000 Family Swim (Small Pool)*1 1100-1200 Adult Swimfit 1200-1700 Public Swimming*3 1700-1900 Lane Swimming 2000-2200 Adults Only Tuesday 0630-0755 0630-0755 Lane Swimming 0800-0900 Adults Only 0915-1000 Aqua Fit 1000-1200 Public Swimming 1200-1300 Adult Swimfit 1200-1300 Public Swimming*3 1700-1900 Lane Swimming 1930-2015 Adult Beginners 2015-2100 Adult Improvers 2100-2200 Lane Swimming Wednesday 0630-0730 5 Frogs Endurance *1 Famil 0730-0900 Adults Only the child 1000-1200 Fun Session (Small Pool) more ch 1200-1700 Public Swimming *2 Free 1700-1800 Lane Swimming *3 Public 2000-2100 Public Swimming *3 Public	Monday Adults Only Friday 0800-0845 Aqua Fit 0630-0725 0900-1000 Family Swim (Small Pool)*1 0730-0900 1100-1200 Adult Swimfit 1200-1800 1200-1700 Public Swimming*3 1800-1900 1700-1900 Lane Swimming 2000-2100 2000-2200 Adults Only Saturday 0630-0755 Lane Swimming 0900-1000 0800-0900 Adults Only 0900-1000 0800-0900 Adults Only 0900-1000 0915-1000 Aqua Fit 1000-1200 1000-1200 Public Swimming 1200-1400 1200-1300 Adult Swimfit 1400-1500 1200-1300 Public Swimming (Half Pool) Sunday 1300-1700 Public Swimming (Half Pool) Sunday 1300-1700 Public Swimming (Half Pool) Sunday 1200-1800 Lane Swimming (Half Pool) 1000-1045 2015-2100 Adult Improvers (Half Pool) 1100-1145 2100-2200 Lane Swimming (Half Pool) 1200-1400





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Timetable correct at the time of print. Version 1 For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.